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# ELY STANDARD 24

## Ely Olympian inspires pupils to go for gold



[/polopoly\_fs/1.3434162.1394798651/image/1352441620.jpg\_gen/derivatives/landscape\_630/1352441620.jpg] Les Antoine spent his formative years as a 400m hurdler, representing England and competing at the highest level across Europe drops in to Spring Meadow infant school, High Barns, Ely, Picture: Steve Williams.

Daniel Mansfield [mailto:daniel.mansfield@archant.co.uk] Friday, March 14, 2014  
12:04 PM

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Team Superschools dropped in at Spring Meadow Infant School in Ely this week to inspire youngsters to get active.

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Olympic javelin thrower Goldie Sayers drops in to Spring Meadow infant school, High Barns, Ely, Picture: Steve Williams.

Olympian javelin star Goldie Sayers, from Ely, spoke to children about her experiences competing for Great Britain in worldwide competition and even brought along a few javelins for the children to see.

Joining Goldie at the school, in High Barns, was former 400m hurdler Les Antoine, who also shared his story with pupils before putting them through their paces.

It is the third year that Team Superschools has visited Spring Meadow. The initiative was set up by former Olympic sprinter Darren Campbell and sees GB athletes including Christine Ohuruogo, Dai Greene and Chris Tomlinson visit schools across the UK.

Rebecca Peachey, PE teacher at Spring Meadow said: "The whole school, including our Nursery children, took part in a fantastic fun-filled morning. They loved meeting and having their photos taken with Goldie and were awe-struck watching her demonstrate her amazing throwing skills."



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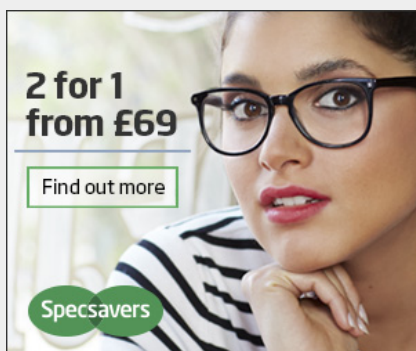
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